

PSHE Intent

At Wargrave House School, we acknowledge, understand and champion the need to deliver a structured and meaningful PSHE programme in line with national curriculum guidelines. We are also aware that our learners have different starting points and sometimes have significant knowledge gaps. As such, we have developed our own stage over age curriculum which explores each specified requirement in granular detail. Alongside this, we also ensure that statutory topics are still covered at an age-appropriate level. Our one-year spiral ensures that learners are encouraged to consolidate and deepen their understanding of these areas further. As an autism specialist provision, we also prioritise specific PSHE skills and activities that are an important focus for each learner, identified on their EHCP documentation. Preparing our learners for adulthood and independent living is also a passionate focus for us at Wargrave House school. So much so, that, we have developed our own preparation for life curriculum to interleave and complement the PSHE curriculum, providing further opportunities for learners to master certain skills and generalise them in different social scenarios. We work with external agencies, such as continence teams etc, to specifically support the identify and sometimes medically linked independence skills of the learner.

Implementation

KS1-3

All our learners from KS1-4 access one lesson of PSHE education each week. Learners access the stage of learning appropriate to their cognition level which should link to their reading comprehension age. In addition to this, learners also access statutory and age specific topics in an accessible manner for them to understand. These are the topic areas that each phase explores throughout the year in a stage appropriate manner linked to our SOLAR spirals:

Curriculum Planning: Personal, Social and Health Education (PSHE) Programme of Study

Personal, Social and Health Education (PSHE) Key Stage 1 Standard						
AGE	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Self- Awareness	Self-Care, support and safety	Changing and Growing	Healthy Lifestyles	Managing Feelings	The World I live in
1	Things we are good at Kind and unkind behaviours Playing and working together	Taking care of ourselves Keeping safe Trust	Baby to adult Changes at puberty Dealing with touch Different types of relationships	Healthy Eating Taking care of physical health Keeping well	Identifying and expressing feelings Managing strong feelings	Respecting differences between people Jobs people do Rules and laws Taking care of the environment Belonging to a community Money
2	People who are special to us Getting on with others	Keeping safe online Public and private				

Personal, Social and Health Education (PSHE) Key Stage 2 Standard						
AGE	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Self- Awareness	Self-Care, support and safety	Changing and Growing	Healthy Lifestyles	Managing Feelings	The World I live in
3						
4	Things we are good at Kind and unkind behaviours Playing and working together	Taking care of ourselves Keeping safe Trust	Baby to adult Changes at puberty Dealing with touch Different types of relationships	Healthy Eating Taking care of physical health Keeping well	Identifying and expressing feelings Managing strong feelings	Respecting differences between people Jobs people do Rules and laws Taking care of the environment Belonging to a community Money
5	People who are special to us Getting on with others	Keeping safe online Public and private				
6						

Predictions: On Editor Suggestions: Showing

Personal, Social and Health Education (PSHE) Key Stage 3-4 Standard						
AGE	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Self- Awareness	Self-Care, support and safety	Changing and Growing	Healthy Lifestyles	Managing Feelings	The World I live in
7						
8	Personal strengths Skills for learning Prejudice and discrimination Managing pressure	Feeling unwell Feeling frightened/worried Accidents and risk Keeping safe online Emergency situations Public and private Gambling	Puberty Friendship Healthy/unhealthy relationship behaviours Enthusiastic consent. — Intimate relationships, consent & contraception Long term relationships and parenthood	Elements of a healthy lifestyles Mental wellbeing Physical activity Healthy eating Body image Medicinal drugs Drugs, alcohol & tobacco	Self-esteem & unkind comments Strong feelings Romantic feelings and sexual attraction	Diversity, rights and responsibilities Managing online information Taking care of the environment Preparing for adulthood Managing Finances
9						

KS4

All learners cover the following units at the appropriate entry level:

Personal and Social Development qualifications: Entry 1–Level 2 units with credit ratings

Entry 1	Entry 2	Entry 3	Level 1	Level 2					
Community action (CAE1)	2	Community action (CAE2)	2	Community action (CA1)	2	Community action (CA2)	2		
Healthy living (HLE1)	2	Healthy living (HLE2)	2	Healthy living (HLE3)	2	Healthy living (HL1)	2	Healthy living (HL2)	3
Preparation for work (PWE1)	2	Preparation for work (PWE2)	2	Preparation for work (PWE3)	2	Preparation for work (PW1)	2	Preparation for work (PW2)	2
Managing own money (MME1)	2	Managing own money (MME2)	2	Managing own money (MME3)	2	Managing own money (MOM1)	2	Managing own money (MOM2)	2
Parenting awareness (PAE1)	2	Parenting awareness (PAE2)	2	Parenting awareness (PAE3)	2	Parenting awareness (PA1)	2	Parenting awareness (PA2)	3
Making the most of leisure time (LTE1)	2	Making the most of leisure time (LTE2)	2	Making the most of leisure time (LTE3)	2	Making the most of leisure time (MLT1)	2	Making the most of leisure time (MLT2)	2
Environmental awareness (EAE1)	2	Environmental awareness (EAE2)	2	Environmental awareness (EAE3)	2	Environmental awareness (EA1)	2	Environmental awareness (EA2)	2
Using technology in the home and community (UTE1)	2	Using technology in the home and community (UTE2)	2	Using technology in the home and community (UTE3)	2	Food safety in the home and community (FSC1)	2	Food safety in the home and community (FSC2)	2
Personal safety in the home and community (PSE1)	2	Personal safety in the home and community (PSE2)	2	Personal safety in the home and community (PSE3)	2	Healthy eating (HE1)	2	Healthy eating (HE2)	2
		Working towards goals (TGE2)	2	Working towards goals (TGE3)	2	Your money in the future (YMF1)	2	Your money in the future (YMF2)	2
		Dealing with problems in daily life (DLE2)	2	Dealing with problems in daily life (DLE3)	2	Identity and cultural diversity (ICD1)	2	Identity and cultural diversity (ICD2)	2
		Working as part of a group (WGE2)	2	Working as part of a group (WGE3)	2				
		Developing self (DSE2)	2	Developing self (DSE3)	2				
		Managing social relationships (SRE2)	1	Managing social relationships (SRE3)	2	Managing social relationships (MSR1)	2	Managing social relationships (MSR2)	2
		Individual rights and responsibilities (RRE2)	1	Individual rights and responsibilities (RRE3)	1	Individual rights and responsibilities (IRR1)	1	Individual rights and responsibilities (IRR2)	1

- To achieve an Award in PSD at Entry 1, 2 or 3, a minimum of **6 credits** are required
- To achieve an Award in PSD at Levels 1 or 2, a minimum of **8 credits** are required
- To achieve a Certificate in PSD at Entry 1, 2 or 3 and Levels 1 or 2, a minimum of **13 credits** are required



© 2016

Enrichment

To offer a broad range of experiences to increase the personal, social, health and independent living skills awareness of our learners, we have interwoven different activities within their school timetable to deepen this awareness further. Therefore, we have provided opportunities for learners to prepare their own snacks or lunches; embedded opportunities to visit the local supermarket to buy items for snack time; Introduced a preparation for life curriculum which facilitates the coverage of personalised EHCP targets linked to the four preparation for adulthood areas (Independent living skills, employability, community; friends, relationships and communities) and offered enrichment clubs for learners to attend 4 times a week.

Community learning

To develop our learners' understanding of how to interact in different social situations, we provide our learners an abundance of opportunities to visit different venues in different locations across the local community to develop their communication skills; awareness of expectations; knowledge of and ability to deal with potential dangers or problems and increase their ability to communicate functionally and reciprocally in social situations. These experiences include visiting the local community centre; different restaurants and cafes; museums & galleries; sporting and arts venues and leisure facilities. In addition to this, we offer opportunities for our learners to attend a 2/3

residential at Bendrigg to provide them with the opportunity to practice their independent living skills.

Preparation for life

To develop our learners' functional understanding of their own social, physical, health and emotional wellbeing, we have developed our own bespoke preparation for life framework. This supports the development of specific targets outlined in a learners' EHCP to prepare them for adulthood, particularly independent living skills; good health and good friends, relationships & community. This may include the following:

Independent living skills

- Functional communication
- Operating appliances
- Personal care & hygiene
- Preparing food & drink
- Taking care of the home

Good health

- Health management
- Healthy lifestyle choices
- Illness & injury
- Mental health
- Physical health
- Sexual health

Friends, relationships & community

- Accessing local facilities
- Developing friendships
- Healthy relationships
- Respecting the environment
- Safety in the community
- Travel training

They all have 34-41 assessment criteria.

Capital of culture

To create a harmonious and mutual respectful school environment and to develop our learners' social awareness, responsibility and active community participation, we have embedded a plethora of additional opportunities, such as: learner mental health ambassadors; neuro-diveristy champions; learner council; charity themed days; fundraising activities calendar and an enriched assembly calendar that covers SMSC topics as well as British values and global citizenship.

Complimentary courses

All learners in KS4, engage in a Btec pre-vocational studies - Entry to vocational studies course at E1-L2 level. Whichever level of course is being accessed, all learners participate in a variety of modules, designed to deepen their understanding of different work sectors and employability skills.

At Entry level 1, the learners can cover the following modules:

Pearson BTEC Entry Level 1 Subsidiary Award in Pre-vocational Study			
Unit reference	Unit title	GLH	Type
	Optional unit		
1	Engaging in New Situations	30	Optional
2	Following Given Instructions	30	Optional
3	Handling Own Money	30	Optional
4	Preparing a Meal for Yourself	30	Optional
5	Going on a Prepared Visit	30	Optional
6	Engaging in Personal Health and Wellbeing	30	Optional
7	Helping with an Event	30	Optional
8	Contributing to a Customer Service	30	Optional
9	Developing Digital Communication Skills	30	Optional
10	Participating in a Performance	30	Optional
11	Communicating with Others	30	Optional
12	Participating in a Sports Activity	30	Optional
13	Producing a Product	30	Optional
14	Taking Part in a Creative Activity	30	Optional
15	Exploring an Enterprise Activity	30	Optional
16	Exploring Future Options in the Local Community	30	Optional
17	Engaging in a Team Activity	30	Optional
18	Working Towards a Given Target	30	Optional
19	Producing a Basic Document	30	Optional
20	Navigating from One Place to Another	30	Optional

At entry level 2, the learners can cover the following modules:

Pearson BTEC Entry Level 2 Subsidiary Award in Pre-vocational Study			
Unit reference	Unit title	GLH	Type
Optional unit			
1	Adapting to New Situations	30	Optional
2	Following Instructions to Carry Out a Task	30	Optional
3	Handling Money Transactions	30	Optional
4	Preparing a Meal for Others	30	Optional
5	Participating in a Visit	30	Optional
6	Understanding Personal Health and Wellbeing	30	Optional
7	Contribute to Running an Event	30	Optional
8	Providing a Customer Service	30	Optional
9	Using Digital Skills	30	Optional
10	Contributing to a Performance	30	Optional
11	Communicating with Others	30	Optional
12	Contribute to a Team Sport Activity	30	Optional
13	Create a Product	30	Optional
14	Being Creative	30	Optional
15	Contribute to an Enterprise Activity	30	Optional
16	Planning for the Future	30	Optional
17	Being Part of the Team	30	Optional
18	Working Towards an Agreed Target	30	Optional
19	Create a Document	30	Optional
20	Using Public Transport	30	Optional

At entry level 3, the learners can cover the following modules:

Pearson BTEC Level Entry 3 Subsidiary Award in Entry to Vocational Study			
Unit reference	Unit title	GLH	Type
Mandatory unit			
1	Skills for Learning	30	Mandatory
Optional units			
3	Finding Out About a Topic	40	Optional
4	Designing a Product	40	Optional
5	Creating a Product	40	Optional
6	Presenting to Others	40	Optional
7	Making an Event a Success	40	Optional
8	Providing Customer Service	40	Optional
9	Going on a Visit	40	Optional
10	Financial Awareness	40	Optional
11	Living with Online Technology	40	Optional
12	Using Technology for a Purpose	40	Optional
13	Supporting Other Individuals	40	Optional
14	Communicating with People	40	Optional
15	Problem Solving by Thinking Creatively	40	Optional
16	Contributing to the Community	40	Optional
17	Managing Time	40	Optional
18	Responding to a Situation	40	Optional
19	Health and Wellbeing for the Workplace	40	Optional
20	Using Guidance	40	Optional

All learners at Level 1 & Level 2 also engage with the Asdan Personal and social development course, which offers the following modules:

Level 1

Unit code	ASDAN code	Unit title	Credit value
M/502/0473	CA1	Community action	2
Y/502/0659	EA1	Environmental awareness	2
H/502/3094	FSC1	Food safety in the home and community	2
K/502/3355	HE1	Healthy eating	2
F/502/0476	HL1	Healthy living	2
M/502/3356	ICD1	Identity and cultural diversity	2
K/502/0472	IRR1	Individual rights and responsibilities	1
K/502/0651	MLT1	Making the most of leisure time	2
R/502/0479	MOM1	Managing own money	2
J/502/0656	PA1	Parenting awareness	2
D/502/0470	MSR1	Managing social relationships	2
J/502/0477	PW1	Preparation for work	2
H/502/3354	YMF1	Your money in the future	2

Level 2

Unit code	ASDAN code	Unit title	Credit value
H/502/3404	CA2	Community action	2
K/502/3405	EA2	Environmental awareness	2
Y/502/4081	FSC2	Food safety in the home and community	2
A/501/3994	HE2	Healthy eating	2
M/601/8829	HL2	Healthy living	3
M/501/3961	ICD2	Identity and cultural diversity	2
M/502/3406	IRR2	Individual rights and responsibilities	1
T/501/3993	MLT2	Making the most of leisure time	2
Y/501/3971	MOM2	Managing own money	2
M/601/8832	PA2	Parenting awareness	3
H/601/8827	MSR2	Managing social relationships	2
T/502/3407	PW2	Preparation for work	2
F/501/3981	YMF2	Your money in the future	2